

NEWSLETTER

31 August 2018



Mediclinic Nelspruit Interhigh

On 22nd August I reached the ripe-old age of 62 and also made the announcement that I will be retiring at the end of this term. This decision has been taken after much soul-searching and introspection but I am convinced that it is the correct one. In November it will be 33 years since I first started teaching at Lowveld High as a young Mathematics teacher.

So much has happened since then. The world, and especially South Africa, has changed beyond recognition. Yet, one thing in my life has remained constant – the excellent, holistic education provided by Lowveld High School. I have a short message for four groups of people who make up our school community. To our sponsors – please continue to support Lowveld High School. Without your generosity we will not be able to continue to provide this quality of education to ALL of our learners. We accommodate children from all types of backgrounds and socio-economic groups. As a Section 21 school we obtain very little financial support from The State and a number of our parents cannot afford to pay school fees.

Thank you for what you have done so far. Please continue to support this wonderful school.

To the parents – your children have a desperate need for you to be involved in their education. Please come and watch their matches, their plays, their concerts, the choirs. NOTHING is more important than being involved in your child's education. NOTHING! Please prioritise payment of school fees above anything except your basic needs. Your child needs a good education, he does not need an iPhone.

To my ever loyal, dedicated hardworking staff, both educators and non-educators, just Proceed with the Task and all will be fine. God is watching us and He knows what we have sacrificed and continue to sacrifice for the children.

To the learners – remember everything that I have told you but most of all remember that I love you with all my heart. You are my heroes. You study in what is your 2nd or even 3rd language; some of you travel long distances to school; often your parents do not understand your passion for sports; other schools tend to look down on you. Yet, in spite of all of that you excel, as can be seen in the remainder of this newsletter.

My angels, my children, abantwana bami – Instandum Operi – Let us Proceed with the Task.

Mrs S J Wandrag
Principal

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September Birthdays

- 01 - Mr L Shongwe
- 04 - Mrs K Koen
- 09 - Mrs C Tecklenburg
- 10 - Mrs S Ferreira
- 11 - Mrs Transell
- 14 - Mrs S Zikalala
- 15 - Mrs J Taylor
- 16 - Dr N Schnel
- 26 - Mrs C grout
- 26 - Ms N Bower
- 29 - Mrs E Du Plessis

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LHS RUGBY SEVENS

We hosted yet another successful event despite the cold weather. Thank you to all participants!

Without our Sponsors the day would not be possible:



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RESULTS FOR THE TOURNAMENT:

Shield Winners:

U/17 Uplands Beat Highveld 12-5

U/15 Penryn beat Horizon 48-0



Bowl Winners:

U/17 Lowveld 2nd beat Penryn 14-5

U/15 Uplands beat Highveld 12-0



Plate Winner:

U/17 Lowveld High beat Barberton 17-12

U/15 Lydenburg beat Standerton 26-12



Cup Winner:

U/17 Nelspruit beat Standerton in the final!

U/15 Rob beat Nelspruit in the final!

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MEDICLINIC NELSPRUIT INTERHIGH 2019

Be a part of the 70th Interhigh



SPONSORSHIP OPPORTUNITIES

Lowveld High is hosting the 2019 Interhigh Athletics meet. This is a community event in which 7 Local schools compete. We expect 8000 or more participants. It's the perfect event to market your business and reach your targeted audience.

Our sponsorship packages range from R3 000 to R25 000.

Benefits Include (option dependable):

- ◆ Signage Boards placed around the school
- ◆ Adverts and Logos placed in the programme
- ◆ Outdoor banners placed in selected areas on the day



DIARY FOR THE MONTH

1 September

7 - A - Side Puma Champs
Middleburg

2 September

SE Camp

3 September

Prelim Examinations begin

4 September

Cricket U/15
Boys vs Curro (A) 2-5pm

6 September

Cricket 2nd boys vs Uplands (A) 2-4pm

7-A-Side Hockey @Curro from 16h00

13 September

Cricket 2nd Boys vs Uplands (A)

2pm - 5pm

15 September 2018

Cricket 1st team vs NHS (A)

9am-4pm

18 September 2018

Cricket U/15B vs Team NHS (A) 9-4

20 September 2018

Parents Evening 6-8pm

22 September

Cricket 1st boys vs Malekutu

24 September

Heritage day

28 September

School Closes

Important dates for October

9 October - School Opens

11 October - Sport Awards

12 October - Valediction

Local actress is on her way up

Yelwa Hlatshwayo

Mibeshela Jan Dimphe More, an actress and director based in Johannesburg, reckons the entertainment industry chose her and not the other way around.

The 24-year-old *Tel Aviv* actress gives viewers' television screens on weekdays on SABC 2, where she plays a friendly, sexy and hard-working waitress called Nani in the nationally renowned soap.

She was born and raised in Mibeshela and says she grew up in a big family where there was lots of love and music in what she describes as an energetic household. She participated in extracurricular activities, including netball, singing in the choir and took part in the extended at school.

"After I graduated from the Market Theatre Laboratory, I was recruited by my agency, Cintractus Africa, which had watched our end-of-year performance. A year later, they got the call for the character of Nani in *Tel Aviv*. I went to the auditions and after months of having lost hope, I received the call and was told I got the role."

She has worked under the direction of Lionel Job Isaacson, Shesive Mafube, James Ngweni, as well as the Children's and Jane 16 Musangane.

"Being a part of such productions, I was given the opportunity to work alongside well-seasoned actors such as David Butler, Desmond Dube and Kate Norrington, to mention a few. I made my directing debut in 2016 at the Hillbrow Outdoor Theatre Festival, directing a play for Midlands High School titled *Abang Calling*, which was well received by the judges and the audience," she says.

The hobby actress sees herself not only as an actress, but also as a gifted scriptwriter and director and says she would never let perks of the industry feed her bank. "I think being a young, black woman in my industry is quite challenging. I have personally had my fair share of challenges due to being from another province. There is discrimination and at times people feel that you are undeserving of opportunities. It really is very unfortunate, but I have learned not to be bothered and continue spreading my 'black girl magic' because it is real!"

Her future plans include pursuing her writing and directing skills.

FIVE THINGS YOU DO NOT KNOW ABOUT DIMPHO

1. She looks up to Rosang Mafube
2. She sings and dances too
3. She was crowned at Lowveld High School
4. She enjoys dressing up for social events
5. Her star sign is Aries.

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STUDENT ACHIEVEMENTS



ESKOM SCIENCE EXPO

Well done to Mohammed Hamza Hira - Winner of the Eskom Science Expo!

WORLD TANG SOO CHAMPIONSHIPS

Congratulations to Lloyd Shingange! Lloyd took part in the World Tang Soo Do Championships where 16 Countries competed.

Lloyd achieved the following:
Short stick Hyung - 4th Place
Traditional Hyung - 4th Place
Sword Hyung - 4th Place
Modern Hyung - 4th Place
Fighting - 2nd Place
Weapon - 1st Place



2018 ART COMPETITION

Three of our learners entered the 2018 Ehlanzezi & Bohlabela District Visual Arts and Design Completion, Boxed Beautiful.

Vanessa Atim, Lwazi Jakuja and Nelisa Manyisa were awarded gold for the projects.

The SABC interviewed both Vanessa and Lwazi. Well done!



ATKV RADIKALE REDENAARS

Well done to Leseho Mohlabine who participated in the ATKV Redenaars Kompetisie. Leseho was the only learner from an English Medium High School and still managed to walk away with 4th place.

Congratulations!



SAASTE DEBATING

Second place in the province for our SAASTE debating team. Well done to Mrs Berlein and the learners.

CHESS

Two Lowveld High Chess teams participated in the Mpumalanga High School Team League or the Ehlanzezi district on Tuesday, 21 August 2018, hosted by Rob Ferreira School. The U15 team are all very proud of their 2nd place medals. The U17 came 6th. Well done!



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SEVEN HOPES AND ST PETERS

Seven of our 1st Team Soccer Boys have been chosen among 28 others to go to the UK for 2 months under the UK Pro Academy's "2 Month Residential Programme". These Boys will be trained by the highest qualified Coaches in the world for 2 months in Leeds, England. They will be exposed to not only training and games but will have the chance of getting scouted by UK based academies and teams.

This is, needless to say, a big positive not only for the Boys chosen but for the school as well. Nourishing outstanding sportsmen and women has always been a key feature of the school's glittering past.

The 1st Team has been quite encouraged by the progress of these seven teammates. This has brought to reality the words that have been said consistently, "Give it your Best. You never know who's watching!"

Our preparations are going well for the St Peters Festival, the biggest soccer festival featuring schools in South Africa. We are set to begin our assault of the title on the 14th of September. This is on the back of a 3rd Place finish at our invitational tournament. A 1st place finish at the Penreach Festival and probably a 1st place finish at the Lowveld High Schools League. We're currently placed first with a healthy lead and two games left to play. We're confident of winning it. It's already named after us!

The Boys going to England need all the financial help they can get! A joint parent account has been opened for this purpose.

We'll be on the training pitch making sure that Mrs Wandrag's last tour as Principal is one that's very memorable.

Sihle Sibande is the Head of Soccer at Lowveld High. He is totally immersed in the game and in Questions pertaining to Development and Football Aesthetics.

If you would like to assist the 6 boys please email bouwern@lowveldhigh.org.za for further information.



SPCA RAFFLE

Well done to Prince Phiri (Gr11) - winner of the SPCA raffle fundraiser. Prince won a self stick.



Mrs T De Klerk held a fundraiser to assist the Nelspruit SPCA.

Thank you to all who contributed to this worthy cause. Mrs De Klerk was able to collect the following:

R675.40 in cash

Food :

- 3 x 775g Husky tin dog food
- 1 x 8kg Bobtail dog pellets
- 2 x 385g Husky tin dog food
- 1 x 4 kg Catsby cat pellets
- 4 x 400g Pampers tin cat food
- 2 x 1mx1m blankets

Charity shop:

- 2 x soft toys
- 1 x pair roller blades
- 1 x cook book
- 1 x shoe rack
- 1 x clock radio
- 1 x kid toy,
- 1 x ornament

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SPORT RESULTS FOR AUGUST

Cricket Results

15 August - Girls 1st cricket team beat Bushbuckridge by 62 runs

18 August - U/15 A beat Barberton by 108 Runs

21 August - U/15B Beat Sybrand by 3 Wickets

23 August - 2nd Team beat Bergvlam by 7 wickets

25 August - Girls 1st team beat Lydenburg by 6 wickets

Girls 2nd team lost against Bergvlam by 9

7-A-Side Puma Championships

Well done to our U/17 boys who
walked away with the Shield
Trophy!



7-A-Side Hockey

24 August - U/15 Lost to Curro 0-1

U/15 Lost to Penryn 0-1

U/17 Drew against Curro 1-1

U/17 Lost to Penryn 0-1

30 August - U/17 beat Nelspruit 1-0

U/15 Drew against Nelspruit 0-0



Cross Country Running - SA Champs

Bongani Nkosi was invited to participate in
the Tom Tom race on the 25th of August
and won! Well done Bongani!

Bongani will participate in the SA Cross
Country Champs this coming weekend.

Good Luck!

SCHOOL SLEEPOUT

All the donations collected for the
School SleepOut were delivered to
our pre-selected beneficiary Maviljan
Primary School in Bushbuckridge.

