

# NEWSLETTER

30 April 2018



## CAA Southern Africa Region Youth and Junior Championships. Nolwazi jumps 12.93m!

Nolwazi Mashaba (16) was chosen to represent Athletics South Africa in Boksburg at the CAA Southern Africa Region Youth and Junior Championships. Nolwazi competed in the women's u/18 triple jump category. Her best jump was a distance of 12.93m which got her a silver medal. All her jumps surpassed the qualifying standard for the African Youth Games to be held in Algeria in July 2018 as well as the qualification standard for the World Youth Olympics to be held in Argentina later in October this year.

Team SA will only be finalised mid May 2018 . Good Luck Nolwazi! We hope you make the team!



## SOUTH AFRICAN KICK BOXING CHAMPIONSHIPS

Lloyd Shingange took part in the Championships this past weekend. Lloyd ranked 4th in South Africa in the u/65 kg division. Participants from all nine provinces competed for the top position. He won his first fight and unfortunately lost his second fight against the current world champion . WELL DONE !



## WHAT'S INSIDE

1. Nolwazi represents SA
2. Kickboxing Championships
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## SENIOR CHOIR

The senior choir competed in the sub district level of the ABC Motsepe Schools Choral Eisteddfod (formerly the South African Schools Choral Eisteddfod) on the 22nd April at John Mdluli Primary School.

The Choir competed in the Afrikaans and Western section and were placed 1st and 2nd respectively. As a result, the choir has gone through to the district level of the competition.

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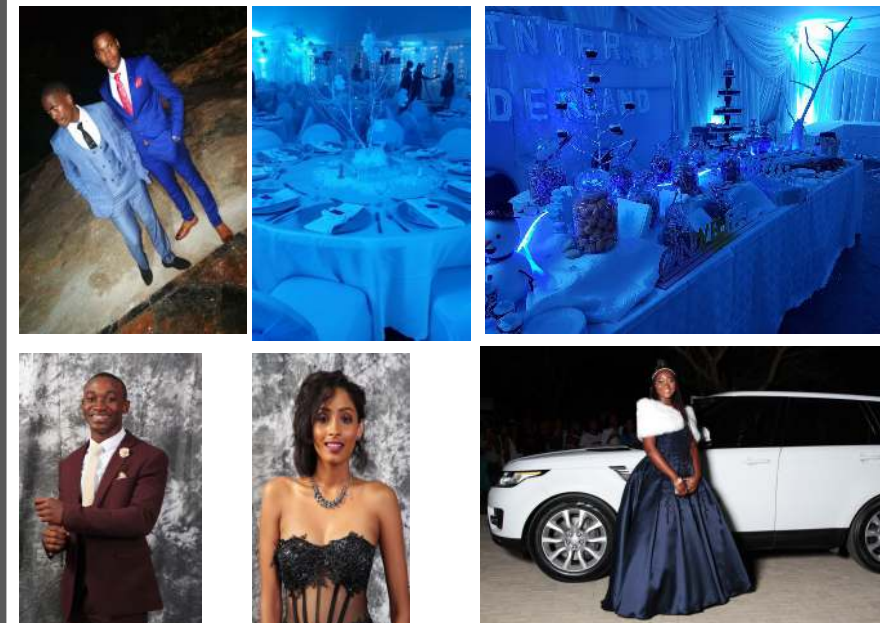
## MATRIC FAREWELL 2018

### A WINTER WONDERLAND

Thank you to the following people for being apart of this event::

Ms C van Rensburg - Event Organiser, Mrs Shongwe - at Nutting House for hosting the event. Mr Ian Leach - Photographer.

AVS for the lighting and sound. Mr and Mrs van Wyngaard assiting with the décor (which was all hand made!)



Thank you to Mellissa Bushby for attending and taking beautiful photos for the Lowvelder



## DIARY FOR THE MONTH

**1 May**

Workers' Day

**4 May**

Gr11 Leadership Graham & Somerset

**5 May**

Winter Sport vs Bergvlam 8am

**8 May**

SGB Meeting 18h00-19h00

**9 May**

Netball Sub Regionals 1pm

Boys Hockey vs Komatipoort (H) 2pm

**12 May**

Winter Sport vs Barberton (H) 8am

**16 May**

Boys Hockey vs Lydenburg (H) 2pm

**18 May**

Gr11 Leadership Graham & Somerset

**19 May**

Winter Sport vs Uplands (H) 8am

Netball Regional Playoffs B-team 1pm

**23 May**

Boys Hockey vs Uplands (A) 2pm

**25 May**

Gr11 Leadership - All - Hall 2pm

**26 May**

Winter Sport vs Curro (A) 8am

Netball Regional Playoffs A-team 1pm

**28 May**

June Exams Start

**30 May**

Rugby Quarter Finals

Boys Hockey vs Sybrand (A) 2pm



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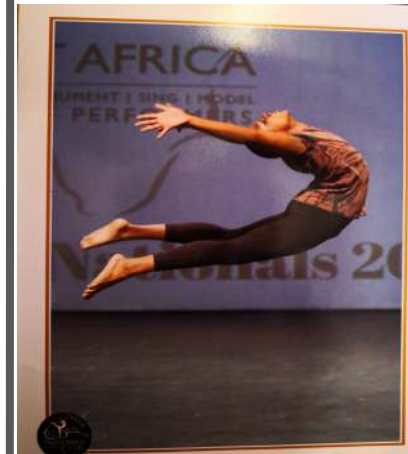
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## TALENT AMERICA

Blessing has qualified to represent South Africa at the Talent America show. Blessing is a mostly self taught contemporary dancer.

Congratulations Blessing—what an achievement!

## ORPHANS' GOLF DAY RAFFLE

**Congratulations** to Mr Zitha who won the Mozambican holiday for 16 people!



## BRAINTEASERS (ANSWERS ON PG 5)

1. A boy is walking down the road with a doctor. While the boy is the doctor's son, the doctor is not the boy's father. Then who is the doctor?
2. I am the beginning of sorrow and the end of sickness. You cannot express happiness without me. I am always in risk yet never in danger. You may find me in the sun, but I am never out of darkness. What am I?
3. What has a mouth, but cannot eat; moves, but has no legs; and has a bank, but cannot put money in it?
4. Arnold Schwarzenegger has a long one. Michael J. Fox has a short one. Madonna does not use hers. Bill Clinton always uses his. The Pope never uses his. What is it?
5. Your parents have six sons including you and each son has one sister. How many people are in the family?

## CYCLE TEST TOP ACHEIVERS

### Mathematics

#### Grade 8

Samkelo Zwane 92%

#### Grade 9

Cyril-Junior Mathebula 100%

#### Grade 10

Mathematics Victor Vilakazi 100%

### Mathematic Literacy

#### Grade 10

Refiloe Mthethwa 82%



03 April - Mrs Sibiya

11 April - Mr Mambariza

12 April - Mrs Morkel

13 April - Mrs Oosthuizen

16 April - Mrs Du Toit

20 April - Mr Van Graan

22 April - Mr Barnard



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## WINTER SPORT RESULTS

### Sybrand van Niekerk vs LHS 14 April

#### Netball

- U14B lost 6 - 10
  - U14A Won 11 - 8
  - U15B won 6 - 1
  - U15A lost 5 - 7
  - U16B lost 4 - 5
  - U16A lost 3 - 10
  - 2nd Team won 10 - 8
  - 1st Team won 50 - 12
- #### Rugby
- U14 Won 60 - 0
  - U15 Won 29 - 7
  - U16 Won 45 - 7
  - 2nd Team Won 41 - 0
  - 1st Team Won 74 - 10

### Penryn vs LHS

#### Netball

- U/14A Lost 18-14
- U/14B Won 8-10
- U/15A Lost 17-2
- U/15B Won 8-11
- U/16A Won 4-10
- U/16B Won 5 -9
- 2nd Team Won 11-15
- 1st Team Lost 19 -17

#### Rugby

- U/14 Won 22-24
- U/15 Won 26-50
- U/16 Lost 19-10
- 2nd Team Won 7-37
- 1st Team Lost 29-26

#### Boys Hockey

- U/14 Drew 0-0
- 2nd Team drew 0-0
- 1st Team Lost 3-0

#### Girls Hockey

- U/14 8-0
- U/15 Lost 9-0
- U/16 Lost 2-0
- 2nd Team Lost 3-1
- 1st Team Lost 6-0

Thank you to Stefan de Villiers @ the Lowvelder for the action photos:



Thank you to all the staff, Coaches and learners for



### Brain teaser Answers:

1. The doctor is the boy's mother
2. The letter S
2. A River
4. Surname
5. Nine. Two parents, six sons, and one daughter. All of them have one sister (not six sisters).

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Support Lowveld High School by filling up and notifying our staff that the you support the school.

We will then give the school 10% of the earnings at the end of the promotion.

From 12 March - 22 June



Lowveld High School

